

Helozine Drop

Hydroxyzine 6mg Drop

Description

Hydroxyzine 6mg Drop is an antihistamine used to treat a variety of conditions, including anxiety, nausea, allergies, and sleep disturbances.

Hydroxyzine works by blocking the effects of histamine, a substance in the body involved in allergic reactions, and by acting on the central nervous system to induce calmness and relaxation. It is also used to relieve tension and anxiety, as well as to promote sleep in individuals with insomnia.

Composition

- **Active Ingredient:**
 - Hydroxyzine Hydrochloride 6mg per ml
 - **Excipients:**
 - The formulation may include excipients such as purified water, alcohol, and other stabilizing agents necessary for the preparation of the solution.
-

Indications

Hydroxyzine 6mg Drop is used to treat the following conditions:

1. **Anxiety and Tension:**
 - Hydroxyzine helps to relieve anxiety and nervous tension, providing short-term management in stressful situations. It is used when other medications, such as benzodiazepines, are not appropriate.
2. **Allergic Reactions:**

- It is effective in treating symptoms associated with allergies, such as hay fever, rashes, and allergic reactions from insect stings or bites.

3. **Insomnia (Sleep Disorders):**

- Hydroxyzine can be used as a short-term solution for sleep problems caused by anxiety or stress. It helps patients fall asleep faster and stay asleep longer.

4. **Pre-Surgical Sedation:**

- It is sometimes used as part of pre-anesthetic medication to calm patients before surgical procedures.

5. **Nausea and Vomiting:**

- Hydroxyzine is used in managing nausea and vomiting, especially when they are related to motion sickness or the effects of chemotherapy.

6. **Muscle Relaxation:**

- It can also be used to relieve itching and discomfort from conditions like eczema or dermatitis.
-

Dosage and Administration

Hydroxyzine 6mg Drop is typically taken by mouth, with the dosage depending on the condition being treated and the patient's age, weight, and health status.

- **Adults:**
 - **For anxiety or tension:** The usual dose is 25–100 mg per day, divided into smaller doses throughout the day.
 - **For sleep disorders or sedation:** The usual dose is 50–100 mg at bedtime.
 - **For allergies:** Typically 25–50 mg per day, divided into doses.

- For nausea or vomiting: 25 mg every 4–6 hours, as needed.
 - **Children:**
 - The dosage for children is based on their weight and age. The recommended starting dose is 0.5–1 mg per pound of body weight, taken 3-4 times a day.
 - **Administration Method:**
 - Hydroxyzine 6mg drops should be taken orally, with or without food. The drops can be mixed with a small amount of water or juice if desired.
 - Use the dropper to measure the correct dose. Shake the bottle gently before use.
-

Contraindications

Hydroxyzine 6mg Drop should not be used in the following cases:

- **Hypersensitivity:**
 - Known hypersensitivity or allergy to hydroxyzine or any of its components.
 - **Severe Respiratory Depression:**
 - Patients with severe asthma or breathing problems should not use this medication.
 - **Early Pregnancy (First Trimester):**
 - Hydroxyzine is not recommended during the first trimester of pregnancy unless absolutely necessary.
 - **Severe Glaucoma:**
 - Hydroxyzine should not be used in patients with untreated glaucoma.
-

Warnings and Precautions

1. **CNS Depression:**
 - Hydroxyzine may cause drowsiness or dizziness, especially when taken with alcohol or other sedative medications. It is advised

to avoid alcohol while using this medication.

2. **Alcohol and Drug Interactions:**
 - Caution should be taken when using hydroxyzine with central nervous system depressants (such as sedatives, tranquilizers, or alcohol), as the sedative effects may be enhanced.
 3. **Pregnancy and Lactation:**
 - Use during pregnancy should only be done if clearly needed, and after consulting with a doctor. Hydroxyzine is excreted in breast milk, so caution is advised for nursing mothers.
 4. **Elderly Patients:**
 - Elderly individuals may be more sensitive to the sedative effects of hydroxyzine, increasing the risk of falls and other complications.
 5. **Driving and Operating Machinery:**
 - Hydroxyzine can impair alertness, so it is advised not to drive or operate heavy machinery while using this medication.
-

Side Effects

Hydroxyzine may cause some side effects, including:

- **Common Side Effects:**
 - Drowsiness, dry mouth, headache, dizziness, and blurred vision.
- **Less Common Side Effects:**
 - Difficulty urinating, constipation, rash, or an upset stomach.
- **Serious Side Effects (Rare):**
 - Severe allergic reactions (e.g., swelling of the face, lips, tongue, or throat), difficulty breathing, or severe drowsiness.

If you experience any of the serious side effects, discontinue use immediately and seek medical attention.

Drug Interactions

Hydroxyzine may interact with other medications, including:

- **CNS Depressants:**
 - Combining hydroxyzine with alcohol, sedatives, or tranquilizers can cause increased sedation and respiratory depression.
- **Anticholinergic Drugs:**
 - Hydroxyzine may increase the effects of anticholinergic drugs, leading to dryness of mouth, constipation, or urinary retention.
- **Antidepressants or Antianxiety Medications:**
 - Combining hydroxyzine with medications such as benzodiazepines may enhance sedative effects and cause excessive drowsiness or impaired coordination.

Always inform your doctor about any other medications you are taking, including over-the-counter drugs and supplements.

Storage Instructions

- Store Hydroxyzine 6mg Drop in a cool, dry place, away from heat and direct sunlight.
 - Keep the bottle tightly closed when not in use.
 - Do not store above 30°C and keep out of reach of children.
-

Presentation

- **Pack Size:** Available in 30ml or 50ml bottles with a dropper for accurate dosing.
 - **Form:** Oral liquid (drops).
-

Note:

Hydroxyzine 6mg Drop is an effective short-term solution for anxiety, allergies, and sleep disturbances. It should only be used as directed by a healthcare provider. Ensure you follow the prescribed dosage and do not exceed the recommended dose. Always consult with your healthcare provider if you have any questions or concerns about using this medication.

Manufactured in India for:

CafoliTM
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for